



INCARCERATED FAMM MEMBERS GUIDE:

Making The Most Out Of Your FAMM #VisitAPrison

Thank you for participating in FAMM's #VisitAPrison initiative! FAMM and our partners are working to get as many lawmakers to go inside and talk with people incarcerated in prisons, like you, across the country. Will you join us? Below is a guide you can use (with support from your loved ones) to reach out to your lawmaker and invite them to visit your facility.

Step 1: Find out who your lawmaker is or ask a loved one to find out for you.

Your family member or loved one can use <https://fammm.org/actioncenter/> to find out who your lawmakers are as well as find out their contact information. Use your home address (not the address where you are incarcerated). Some facility libraries have a congressional directory with lawmakers' addresses in them.

Step 2: Write your letter (or email)

If you are handwriting your letter, use clear print as much as possible. We recommend typing your letter if that is an option for you. (See the sample letter in Step 4)

When writing your letter follow these tips:

Introduce yourself - Share your name, where you live, and what your sentence is.

Make a clear ask - Invite your lawmaker to come to your facility and to meet with you specifically. Share why it is important to you to have them come and meet you.

Share your story - Share just a little bit about your story without going into too much detail. You want to share just enough to have them curious about you but not the whole story.

Step 3: Send your letter to your lawmaker's office.

You should be able to find the address to their office with the tool in Step 1 or in your facility's library.

Step 4:

If you hear back, let FAMM know. Email visitaprisson@fammm.org to let us know your lawmaker is coming to visit you as part of the #VisitAPrison Initiative. If you do not have access to email, mail your letter to the below address:

FAMM | 1100 13th St NW, Suite 201, Washington, D.C. 20005
|ATTN: Visit A Prison

Sample Letter

Dear [Lawmaker's name],
My name is [your name], I am serving [# of months] months inside [name of your facility], in [city, state of your facility]. I am joining FAMM's #VisitAPrison initiative, and inviting you to tour my facility at your earliest convenience. My hope is that when you come and visit our facility you will see that we are people deserving of a second chance.