



#VisitAPrison Challenge

FAMM's #VisitAPrison Challenge begins July 8. On that day, all state and federal policymakers will receive letters from FAMM President Kevin Ring asking them to visit a prison or jail within the next 12 months.

Here are the 3 SIMPLE STEPS you can take to participate:

Step 1:

Starting July 8, take our pledge to visit a prison or jail with in the next 12 months.

- Tweet and/or post that you have taken the pledge to #VisitAPrison. In your post, be sure to use the hashtag #VisitAPrison. Using the hashtag #VisitAPrison will allow FAMM and constituents to give you due credit for being involved in the challenge.
- Sample language: "I owe it to my constituents to learn all that I can about our criminal justice system. I accept @fammfoundation challenge and I pledge to #visitaprisson with in the next 12 months."

Step 2:

Go visit a prison or jail in your state, and take a photo or record a video after your visit to the facility.

Step 3:

Post the photo or video to show that you completed the challenge. Be sure to use the hashtag #VisitAPrison in your post. Share, like, and retweet other lawmakers who have taken the #VisitAPrison challenge to spread the word!

Tips for making your visit meaningful

Don't just visit the facility and take the guided tour that officials will give you – go the extra mile to get the most out of your visit:

- Ask to see the visiting room during visiting hours, and speak to some of the family members there about their experiences visiting the prison or jail
- Ask to see health care facilities and speak to some of the staff and patients about their experiences with medical care in prison or jail
- Ask to sit in on a rehabilitative program or class and judge for yourself whether people are receiving quality treatment or education to help them rehabilitate themselves
- Ask to meet with prisoners and ask them about their experiences in the criminal justice system, their backgrounds, and the impact of incarceration on their families
- Ask to meet with staff and talk with them about their working conditions and concerns.
- Ask to eat a meal in the prison cafeteria and experience the daily diet of a person in prison.